

## Hygiene

### Materials

Worksheet 2 (one per student), Kala & Friends stick puppets and crayons

### Preparation

Make photocopies of *Worksheet 2* (1 per student).

## Before

Have students stand in a circle. Say the rhyme and point to the parts of the body. Encourage students to repeat the rhyme and mimic your movements:

*Here are my ears.* (point to ears)

*Here is my nose.* (point to nose)

*Here are my hands.* (hold up hands)

*Here are my toes.* (point to toes)

*Here are my eyes.* (point to eyes)

*Both open wide.* (open eyes wide)

*Here is my mouth.* (open mouth)

*With white teeth inside.* (smile to show teeth)

*My face.* (point to face)

*My hair.* (touch hair)

*My body.* (move hands over the body)

Use the Kala puppet.

T: *Who is this?* (*This is Kala. Kala is a boy.*)

T: *Where is Kala's face?* (point)

T: *Where is Kala's mouth?* (point)

T: *Where are Kala's hands?* (point)

T: *Where are Kala's eyes?* (point)

T: *Where is Kala's body?* (point)

Encourage students to point, too.

## While

Get students' attention. Tell them to watch (point to your eyes) the video. Play the video. Then, ask some questions using the Kala puppet. Encourage students to point.

T: *Is Kala in the video?* (Yes.)

T: *Where is Kala's face?* (point)

T: *Where is Kala's mouth?* (point)

T: *Where are Kala's hands?* (point)

T: *Where are Kala's eyes?* (point)

T: *Where is Kala's hair?* (point)

T: *Where is Kala's body?* (point)

Then, ask *What does Kala do?* (*Kala brushes his teeth.*) Mime brushing your teeth and point to your teeth. Say *I brush my teeth.*

Mime the action, encourage students to copy you and repeat *I brush my teeth.* Play the video again. Ask questions and point.

Encourage students to point.

T: *Where is your face?* (point)

T: *Where is your mouth?* (point)

T: *Where are your hands?* (point)

T: *Where are your eyes?* (point)

T: *Where is your hair?* (point)

T: *Where is your body?* (point)

Then, ask *What does Kala do?* (*Kala brushes his teeth.*) Mime brushing your teeth and point to your teeth. Say *Kala combs his hair.*

Mime combing your hair. Say *I comb my hair.* Mime combing your hair. Repeat and encourage students to copy and repeat *I comb my hair.* Play the video again. Ask

students *What does Kala do?* (*Kala brushes his teeth. Kala combs his hair.*) Mime both actions and encourage students to copy you.

Repeat three times.

## After

Play a miming game.

T: *Where are your teeth?* (point)

T: *Where is your hair?* (point)

Next, say *I brush my teeth.* Pretend to brush your teeth. Encourage students to copy.

Say *I comb my hair.* Pretend to comb your hair. Encourage students to copy. Repeat several times alternating what you say. Then, distribute the worksheet and crayons, and instruct students to match the images of Kala. When they have finished, have them color their worksheet.

Next, teach students the following chant: (sung to the tune: "Row, Row, Row Your Boat")

*Brush, brush, brush your teeth*

*Brush them every day,*

*Father, mother, sister, brother*

*Brush them every day!*

*Comb, comb, comb your hair*

*Comb it every day,*

*Father, mother, sister, brother*

*Comb it every day!*

Repeat several times. Encourage students to chant along.

