

Self-control

Materials

Worksheet 3, Kala & Friends stick puppets, pictures of bananas and apples, white construction paper (1 sheet per student), crayons or colored pencils, scissors and glue

Preparation

Make photocopies of Worksheet 3 (1 per student). Use the white construction paper to cut out a large circle for a dish.

Before

On the board, draw two dishes on a table; draw three cookies on each dish. Ask the students *What are these? (They're cookies.) Say Look, there are more cookies for Kala and Luka. Let's count them.* Point to each cookie and count along with the group. Show the Kala stick puppet and say *These are Kala's cookies.*

Count the cookies on the second dish. Show Luka stick puppet and say *These are Luka's cookies.* Then tell the following story using the wall clock and Luka and Kala stick puppets:

T: *One afternoon, Luka is in the kitchen and she sees cookies on the table. "Ah, more cookies; I love cookies and I'm hungry." And Luka eats all her cookies. (Move the puppet over the second dish, make noise as if Luka were chewing and erase all the cookies.) "Mmm, delicious, I love cookies... but I want more." Then Luka sees Kala's cookies and says "Oh, there are more... but these are Kala's cookies*

*and Kala is at school. I can't eat them... What can I do? OK, I can wait for Kala." (Show the clock). "It's one o'clock. I can wait." (Move the clock hands to display the next hour, while saying ticktock, ticktock.) "It's two o'clock. Yes, I can wait." (Move the clock hands again.) "Oh, it's three o'clock. I can wait." (Move the clock hands again, knock on the board, hold Kala stick puppet and say) Now Kala is home and Luka asks him "Kala, can I have one of your cookies?" Kala says "Yes, Chewie, you can have a cookie." "Thank you, Kala." Move the puppet over Kala's dish, erase one cookie and say *See? Luka is patient and shows self-control. Show Kala, Axel and Chewie stick puppets and say One of our friends is not patient and doesn't show self-control. Let's see.**

While

Distribute the four stick puppets to each student. Play the video. Ask students to raise the stick puppet of the character who can't wait and doesn't show self-control. Play the video again and pause it to let students see the three characters making pizza. Ask *Where are they? (They are in the kitchen.) Are they eating? (No, they aren't.) What are they making? (They're making pizzas.) Who is not helping to make the pizzas?* Have students raise their puppet and answer. *Let's hear what they say to Chewie.* Let students hear Axel and Chewie's dialogue, pause it and ask *What does Axel say to Chewie?* Have students raise Axel stick puppet and answer (Axel says, "Wait for the pizza.") *Does Chewie wait? (No, she doesn't.)* Continue playing the video, allowing

students to hear Luka and Chewie's dialogue. Pause it and ask *What does Luka say to Chewie?* Have students raise Luka stick puppet and answer (Luka says, "Be patient.") *Is Chewie patient? (No, she isn't.) What's the matter with Chewie? (She's hungry.) Does she show self-control? (No, she doesn't.)*

Continue playing the video; let students hear Kala and Chewie's dialogue. Pause the video and say *Chewie is eating before the pizza is ready. Does Kala like it? (No, he doesn't.) Is Chewie going to eat pizza?* Continue playing the video, pause it when everybody is eating but Chewie and ask *Is Chewie hungry? (No, she isn't.) Now the pizza is ready, but Chewie is not hungry. Chewie needs to learn to be patient and show self-control.*

After

Distribute Worksheet 3 and crayons or colored pencils. Hold up a worksheet and say *There are moments when we can't have something. What can we do? Let's see.* Point to the first image in the first sequence and ask *What's the matter here?* Help students answer (*The girl is going to use the swing. The boy wants to use the swing, too.*) *What can we do?* Point to the second image and add *Is it right or wrong to cry and shout? (It's wrong.) Yes, it's wrong; we have to be patient and show self-control.* Have students draw a red cross (X) in the square. Point to the third image and ask *Is it right or wrong to wait your turn? (It's right.) Yes, we have to be considerate, be patient and show self-control.* Have students draw a green check (✓) in the square. Point to the first image in

the second sequence and ask *What's the matter here?* Help students answer (*The boy is going to ride the tricycle. The girl wants to ride it, too.*) *What can we do?* Point to the second image; ask *Is it right or wrong to wait?* (*It's right.*) *Yes, it's right.* Have students draw a green check in the square.

Hold up the worksheet and say *There are moments when we can't have something, but we have to show self-control. We need to be patient and wait our turn. We can do another activity or we can share.* Finally, have students color the drawings with a green check.

